

AUSTRALIAN
COLLEGE OF
PSYCHODRAMA

ROLE TRAINING

SOCIOMETRY

SOCIODRAMA

PSYCHODRAMA

GROUP WORK

The College is accredited by the
Australian and New Zealand
Psychodrama Association Inc.



The training program is accredited by the
Psychotherapy and Counselling Federation
of Australia (PACFA)

Telephone: (03) 9489 5733
Email: psychodrama@netspace.net.au
Web: www.traininginpsychodrama.com.au

2012

TRAINING PROGRAM

Northcote Town Hall

189 High St, Northcote

Melbourne

Introduction

The College seeks to awaken and strengthen the abilities of people in many settings to express themselves relevantly, responsively and creatively in the ordinary here and now situations in which they live and work.

Training is pertinent to people interested in enlivening personal, interpersonal and group functioning in the fields of health, education, organisational development and creative arts.

The training deals with the experiences of the individual in groups and emphasises a systems approach to living. Trainees can expect to develop greater sensitivity and proficiency in interpersonal, group and inter-group relations.

The College is one of nine training institutes accredited by the Board of Examiners of the Australian and New Zealand Psychodrama Association Inc. to conduct training in role training, sociometry, sociodrama, psychodrama and group work. The training program is PACFA-accredited.

2012 Training Calendar

Training Groups

The training curriculum reflects the requirements of the ANZPA Training and Standards Manual and is developed by the staff with reference to the stage of the training group and individual trainees' learning needs.

Core Curriculum – Intermediate Training Group

The first two years of training teach the theory and practice that are essential to the psychodrama method, including sociometry, production techniques, role theory and group work. The training coordinator is Hilde Knottenbelt.

Advanced Training Group

This group builds on the training completed in Core Curriculum–Intermediate years, or the equivalent. This level involves teaching and supervised practice with in-depth attention to all the elements of the method. The training co-ordinator is Jenny Hutt. In 2012 the advanced training includes:

Semester 1 February-March Social and Cultural Atom

This series focuses on the role systems that an individual has developed in response to the world around them. These living social systems are not fixed and final. In a psychodrama, sociodrama or role training session we seek to increase the creative life that can be brought to bear on the functioning of the protagonist and group members and thereby revitalise the social and cultural atom.

The training process involves dramatic enactment, reflection and role analysis, supervised practice and writing for a Social and Cultural Atom paper.

Semester 1 May-June Social Systems

This series focuses on systems dynamics within groups and in the wider culture. It involves opening up perceptions of the values and relationship dynamics displayed in social systems, sustaining spontaneity in the presence of a range of systems dynamics and practicing new solutions to group and intergroup conflicts. There will be emphasis on the integration of systems theory.

The training process involves dramatic enactments, reflection and systems analysis, supervised practice, and writing for an Open and Closed Systems paper.

Semester 2 July-November Supervised Directors

This series focuses on the director's integration of the theory and practice of the psychodrama method. The training process involves each trainee conducting, writing up and reporting on a group session, with supervision and teaching. Semester 2 is limited to ten trainees.

Semester 1 and 2 are for advanced trainees with more than 400 hours of training.

CORE CURRICULUM – INTERMEDIATE TRAINING GROUP DATES:

Semester 1

Six Thursday Evenings
23 February, 1, 8, 15, 22, 29 March 7.00pm -10.00pm
Saturday 24 March 10.00am - 5.30pm

Six Thursday Evenings
17, 24, 31 May, 7, 14, 21 June 7.00pm -10.00pm
Saturday 16 June 10.00am - 5.30pm

Semester 2

Six Thursday evenings
9, 16, 23, 30 August, 6, 13 September 7.00pm -10.00pm
Saturday 8 September 10.00am - 5.30pm

Six Thursday evenings
11, 18, 25 October, 1, 8, 15 November 7.00pm -10.00pm
Saturday 10 November 10.00am - 5.30pm

Fees: Semester 1: \$1650

Semester 2: \$1500

Total Fees: \$3150

All training fees include GST

Total Training Hours: 96 training plus 3 hours supervision (99 hours)

ADVANCED TRAINING GROUP DATES:

Semester 1

Social and Cultural Atom

Saturday 25 February, 10.00am - 5.30pm
Four Thursday Evenings 8, 15, 22, 29 March 7.00pm -10.00pm
Saturday 24 March 10.00am - 5.30pm

Semester 1

Social Systems

Saturday 19 May, 10.00am - 5.30pm
Four Thursday Evenings 31 May, 7, 14, 21 June 7.00pm -10.00pm
Saturday 16 June 10.00am - 5.30pm

Semester 2

Supervised Directors

Saturday 21 July 9.30am - 1.30pm
Saturday 11 August 9.30am - 1.30pm
Saturday 1 September 9.30am - 1.30pm
Saturday 22 September 9.30am - 1.30pm
Saturday 13 October 10.00am - 5.30pm
Saturday 3 November 9.30am - 1.30pm
Saturday 24 November 10.00am - 5.30pm

Fees: Semester 1: \$1800 Semester 2: \$1300

Total Fees: \$3100 *All training fees include GST*

Total Training Hours: 80 plus 4 hours supervision (84 hours)

Supervision

Supervision is a key aspect of the training and is central to the ongoing personal and professional growth of the trainee. It provides a context in which trainees can reflect on their functioning and key relationships and an opportunity to engage thoughtfully with the dilemmas and dynamics of professional practice. At least 50 hours of supervision is necessary to develop the necessary abilities for certification.

In 2012 three supervision hours have been incorporated into the core curriculum-intermediate training program and four supervision hours have been incorporated into the advanced training program. Supervision prior to certification is essential for advanced trainees not attending an ongoing training group.

Individual Supervision

For appointments please contact the College staff and Associates directly. Fees apply.

Max Clayton 0400 271 251

Jenny Hutt 9489 5733

Richard Hall 9533 8323

Robert Brodie 9018 7326

Liz Marks 0431 261 194

Hilde Knottenbelt 9489 2353

Chris Hosking 0400 271 251

Professional Development, Experiential Workshops, Residential Training

Workshop fliers with more details can be downloaded from our website: www.traininginpsychodrama.com.au

Introduction to Psychodrama Training (1 day) February 4

This workshop introduces participants to the breadth of the psychodrama method. It offers the opportunity to explore the relevance of psychodrama to a range of professional settings and life situations.

Trainers: College Staff

Dates and Times: Saturday 4 February 10.00am-5.00pm

Venue: Northcote Town Hall

Fee: \$95

Experiential Psychodrama Workshop (2 days) April 14-15

This experiential workshop offers newcomers and psychodrama trainees a short intensive opportunity to explore life concerns using the psychodrama method.

Leader: John Devling

Dates and Times: Saturday and Sunday 14-15 April 10.00am-5.30pm

Venue: Northcote Town Hall

Numbers: 6-16 participants

Fee: \$340

Training Hours: This is not a training workshop. Recognised as relevant experience for ANZPA trainees.

Trainer Development Residential Workshop (3 days) April 26-29

This workshop is for Trainers Educators and Practitioners (TEPs) and TEPs-in-training on the teaching staff of ANZPA training institutes in Australia and New Zealand.

Trainer: Max Clayton

Dates and Times: 3pm Thursday 26 April – 4pm Sunday 29 April.

Venue: Chestnut Hill Conference Lodge, Kallista, Victoria

Fee: \$1075 (deposit \$200) A few single rooms are available, with an extra charge of \$90.

Psychodrama Training Residential – for beginning, intermediate and advanced trainees (5 days) May 2-6

This intensive workshop offers training in psychodrama, sociodrama, sociometry, role training and general group work. It is designed to bring about greater ability to practice the psychodramatic method. There are three three-hour sessions daily from 10.00am – 9.30pm and two sessions on the last day, with meal and recreation breaks.

Trainers: Max Clayton and Chris Hosking

Dates and Times: Commences Wednesday 2 May at 6.30pm with evening meal and concludes Sunday May 6 at 4.30pm

Venue: Chestnut Hill Conference Lodge, Kallista, Victoria

Numbers: 20 participants maximum

Fee: \$1,800 (deposit \$200) A few single rooms are available, with an extra charge of \$130.

Training Hours: 43

Group Work Training Residential– for group leaders (3 days) July 5-8

This workshop is designed to enlarge the creative functioning of group leaders. It involves supervised practice in leading a group and is intended for those who lead groups of all kinds.

Trainers: Max Clayton and Chris Hosking

Sessions: 9.00am-12.30pm, 2.30pm-6.00pm and 7.45pm-9.15pm

Dates and Times: Commences 2.00pm Thursday 5 July and concludes 4.00pm Sunday 8 July

Group size: 16-20

Venue: Chestnut Hill Conference Lodge, Kallista, Victoria

Fee: \$1200 (deposit of \$200) A few single rooms are available, with an extra charge of \$90.

Training Hours: 28

Experiential Psychodrama Workshop (2 days) September 15-16

This experiential workshop offers newcomers and psychodrama trainees a short intensive opportunity to explore life concerns using the psychodrama method.

Leader: John Devling

Dates and Times: Saturday and Sunday 15-16 September 10.00am-5.30pm

Venue: Northcote Town Hall

Numbers: 6-16 participants

Fee: \$340

Training Hours: This is not a training workshop. Recognised as relevant experience for ANZPA trainees.

Introduction to Psychodrama Training (1 day) September 29

This workshop introduces participants to the breadth of the psychodrama method. It offers the opportunity to explore the relevance of psychodrama to a range of professional settings and life situations.

Trainers: College Staff

Dates and Times: Saturday 29 September 10.00am-5.00pm

Venue: Northcote Town Hall

Fee: \$95

Enquiries, Applications and Enrolments

Enquiries	For enquiries about the training, its suitability for you and for enrolments please contact Jenny Hutt, Tel: 03 9489 5733 Email: jennyhutt@traininginpsychodrama.com.au
Enrolments	Send your completed enrolment form (enclosed) along with a deposit or full fee to Australian College of Psychodrama PO Box 605 Northcote 3070. Payment can be made by EFT or cheque.
Informed Consent	Participants enter the training aware that it involves the development of new views and new actions with respect to their own professional and personal life and that this is likely to have a significant emotional impact. In the course of the explorations and expression, participants are always in charge of and responsible for the level of their interactions and self-disclosure. The act of enrolling in itself indicates an applicant's understanding and acceptance that such explorations are part of the training.
Cancellation Policy	All deposits are non-refundable and non-transferable unless the training event is cancelled or postponed.
Venue	All events are held at the Northcote Town Hall, 189 High Street, Northcote, 3070, Melbourne, except where otherwise indicated.

The Teaching Staff

Dr Max Clayton – Psychodramatist, Trainer, Educator and Practitioner (TEP)

Max is an experienced clinician, individual and group supervisor and trainer, working intensively in this field for many years. He has accrued significant skill and a depth of insight in teaching and training people in other cultures around the world. He is the author of several books on psychodrama. He is an Honorary Distinguished member of ANZPA Inc.

Jenny Hutt – Sociodramatist, Trainer, Educator, Practitioner in Training (TEPIT)

Jenny works as a learning and organisational development consultant, and coach with individuals and organisations. Her focus includes workplace diversity, leadership, organisational change, team development, mentoring, intercultural learning and human relations at work.

Hilde Knottenbelt – Psychodramatist, Trainer, Educator, Practitioner in Training (TEPIT)

Hilde has over 25 years experience as a teacher, trainer and educator in experiential learning and psycho-education. She currently leads originally devised Creative Voice groups in the community using vocal improvisation and story telling. She works in private practice as a counsellor, supervisor and coach for creative professionals.

Richard Hall – Psychodramatist, Trainer, Educator, Practitioner in Training (TEPIT)

Richard is a counselling psychologist in private practice. He conducts counselling with individuals and couples and runs personal development groups. Richard also trains and supervises professionals working with disadvantaged clients and teachers.

Chris Hosking – Psychodramatist, Trainer, Educator and Practitioner (TEP)

Chris has worked for many years as a psychodrama trainer, counsellor, individual supervisor and group work supervisor. She leads training workshops in Australia, New Zealand and Greece and for non-government organizations in South East Asia. Chris is active in ANZPA Inc. as a member of the Ethics Committee and the Board of Examiners.

Associates

Liz Marks – Psychodramatist, Supervisor

Liz is an experienced supervisor of clinical work and writing, for trainees and qualified therapists. She works in private practice as a psychodramatist, counselling psychologist, family therapist and supervisor. She offers individual, couple and family counselling.

Robert Brodie – Psychodramatist, Trainer, Educator and Practitioner (TEP)

Rob is a registered counsellor and psychotherapist (PACFA) in private practice. He has provided extensive training, consultation and clinical supervision to a range of professionals face to face, individually, in groups and online. He is Director of the Action Method Centre.

John Devling – Psychodramatist

John runs a private psychotherapy practice in Melbourne and in recent years has been leading psychodrama workshops in China. John has been practising as a psychodramatist and psychotherapist for over 30 years, including 10 years in the student counselling service at La Trobe University.

Contact Details

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