

# Residential Psychodrama Training Workshop

## Wednesday 2 May – Sunday 6 May 2012

### Introduction

The purpose of this five-day intensive training workshop is to train in psychodrama, sociodrama, sociometry, role training and general group work. It is designed to bring about a greater ability to practice the psychodramatic method whether in a psychodrama therapy or growth group, in community groups, in individual counselling and psychotherapy, in education, staff training, or in pastoral care and to function in a leadership capacity in groups and organisations.

The workshop is for beginning, intermediate and advanced trainees and is designed as training for such people as teachers, trainers in organisations, nurses, physicians, psychiatrists, social workers, counsellors, clergy, occupational therapists, marriage and family counsellors, and community workers. Those attending come from Australia and New Zealand and other parts of the world.

### Learning Outcomes

Those who attend will experience a wide range of concerns emerging in the group sessions. There will be a greater development of new ways of functioning as psychodrama directors, role trainers, auxiliaries, group leaders, and group members as a result of contacting other aspects of the self and through supervised practice.

Trainees may expect to direct psychodrama and role training sessions and to learn a considerable amount of psychodrama theory and practice. The emphasis is on supervised experiential learning producing an integration of theory and practice leading to more satisfaction in professional functioning and personal living.

### Informed Consent

Participants enter the workshop aware that it involves the development of new views and new actions with respect to their own professional and personal life and that this is likely to have a significant emotional impact. In the course of the explorations and expression, participants are always in charge of and responsible for the level of their interactions and self-disclosure. The act of enrolling in itself indicates an applicant's understanding and acceptance that such explorations are part of the workshop.

### Leaders

Dr. Max Clayton is responsible for the overall direction of the training sessions and will be supervising and teaching. He is a Psychodramatist Trainer, Educator and Practitioner. He has been responsible for much of the development of psychodrama in Australia and New Zealand. For the past thirty-eight years he has been conducting training workshops in psychodrama, sociodrama, sociometry, role training and group work in Australia, New Zealand, Japan, the United States and Europe.

Chris Hosking will be supervising and teaching in small group sessions. She is a Psychodramatist Trainer, Educator and Practitioner and staff member of the Australian College of Psychodrama and for the past twenty-six years has conducted training workshops and seminars in psychodrama, sociometry, role training and group work and has been actively involved in supervision of trainees in Australia and New Zealand, Japan, Vietnam, Myanmar and Europe.

<b>Times</b>	Commences 6.30pm Wednesday 2 May with an evening meal and concludes 4.30pm Sunday 6 May. There will be three three-hour sessions daily 10am-9.30 pm, and two sessions on the last day, with meal and recreation breaks.
<b>Training hours</b>	43 hours
<b>Numbers</b>	20 participants maximum.
<b>Venue</b>	Chestnut Hill Conference Lodge, St James Avenue (off Gleghorn Road), Kallista, Dandenong Ranges, Victoria 3791, Australia. This is about 1 hour's drive from the city. The Melway Reference is: Map 75 K2. Telephone: (03) 9755 2145 Website: <a href="http://www.chestnut-hill.com.au">http://www.chestnut-hill.com.au</a>
<b>Transport</b>	Train transport is available from the city to Belgrave Station in the Dandenong Ranges. A pick up from Belgrave can be organised for the short trip to the Lodge.
<b>Fee</b>	Includes all meals and accommodation. A few single rooms are available. \$1,800 (shared room), \$1,930 (single room) Deposit non-refundable if there is a cancellation after 18 April.
<b>Inquiries and Enrolments</b>	Send your name, occupation, address, phone numbers and email address to Jenny Hutt, <a href="mailto:jennyhutt@traininginpsychodrama.com.au">jennyhutt@traininginpsychodrama.com.au</a> . Enrolments are confirmed once a deposit (\$200) has been paid. Payment can be made by direct deposit (please ask for our banking details) or by sending a cheque/postal order payable to the Australian College of Psychodrama to P O Box 605, Northcote, Victoria 3070, Australia. To discuss your enrolment by phone call Jenny Hutt: +61 (03) 9489 5733.