

# Introduction to Psychodrama Training

## Saturday 4 February 2012 10.00am–5.00pm

This experiential workshop introduces people interested in psychodrama to the training offered at the Australian College of Psychodrama. The workshop involves participants in group activities and explorations. There will be the opportunity to experience and reflect on dramatic enactments. Some introductory teaching will occur and applications of the psychodrama method in a range of professional settings will be explored.

<b>Venue</b>	Northcote Town Hall, 189 High Street, Northcote, Victoria 3070
<b>Fee</b>	\$95 (including GST)
<b>Leaders</b>	Jenny Hutt and Hilde Knottenbelt
<b>Refreshments</b>	Light refreshments will be provided and lunch can be purchased at a range of local cafes
<b>To enquire/ register</b>	Phone or send your name and contact details to Jenny Hutt 9489 5733 email <a href="mailto:psychodrama@netspace.net.au">psychodrama@netspace.net.au</a> or post to the Australian College of Psychodrama, PO Box 605, Northcote, Vic 3070.

### Informed Consent

Participants enter the workshop aware that psychodrama training involves the development of new views and new actions with respect to their own professional and personal life and that this is likely to have a significant emotional impact. In the course of the explorations and expression, participants are always in charge of and responsible for the level of their interactions and self-disclosure. The act of enrolling in itself indicates an applicant's understanding and acceptance that such explorations are part of the workshop.

### The College

The College seeks to awaken and strengthen the abilities of people in many settings to express themselves relevantly, responsively and creatively in the ordinary here and now situations in which they live and work.

The Australian College of Psychodrama is the only psychodrama training institute in Melbourne which offers PACFA-accredited training. The training institute is accredited by the Board of Examiners of the Australian and New Zealand Psychodrama Association (ANZPA) Inc. to conduct training in role training, sociometry, sociodrama, psychodrama and group work. The training aims to develop theoretical understanding and practical abilities in these methods.

Training involves regular evenings and some Saturdays or weekends throughout the year, as well as workshops and individual supervision.

Trainees come from a wide range of professional roles and include psychologists, educators, counsellors, social workers, community workers, health professionals, clergy, learning and development professionals, managers, organisational consultants and those involved in the creative arts.

The training deals with the experiences of the individual in groups and emphasises a systems approach to living. Trainees can expect to develop greater sensitivity and proficiency in interpersonal, group and inter-group relations.